



November 2017

DATES FOR 2018

TT FESTIVAL

Pre TT Classic 25th – 28th May
TT Practice 26th May – 1st June
TT Races 2nd June – 9th June
Post TT Races 9th June

SOUTHERN 100 RACES

9th-12th July 2018

FESTIVAL OF MOTORCYCLING

FoM Practice 18th Aug – 24th Aug
FoM Races 25th Aug – 1st Sept

WELCOME TO THE MRMS NEWSLETTER

We hope to produce a newsletter a couple of times a year, and it will cover anything to do with the services that we provide for the TT, the Festival of Motorcycling and the Southern 100 Races. If you have anything that you think might be of interest to other medics, and want it to go in the newsletter, please email me at gruff@mrms.im

THANK YOU FOR YOUR HELP DURING 2017

All of the events ran smoothly this year without any major problems, so thanks to all of the people who volunteered to help, from Gareth, Sally and me. We had great support for both the TT Festival and the Southern 100. As is always the case, the numbers for the Festival of Motorcycling (MGP!) were down a bit, but those of you who volunteered for that all seemed to have a great time, and we had no major issues providing cover during the event. We are always looking for ways of persuading more people to volunteer for the Festival of Motorcycling, and with the combination of top riders on Classic

machines in the Classic TT, and up and coming riders in the MGP it is a great event. If anyone has any suggestions how we might increase volunteer numbers for the event, we would be happy to hear them.

A SLIGHT CHANGE TO THE SCHEDULE FOR THE TT FESTIVAL

There is a slight change to the schedules for the TT Festival. The Southern 100 club are planning on running the Pre-TT Classic event on the Friday evening, Sat afternoon (before the TT Practice in the evening) and on Sunday afternoon and evening, rather than on the Fri evening, Sat afternoon and Monday morning/afternoon as in previous years. However, the TT organisers have also applied for a road closing order on the first Sunday evening which will be a reserve practice session, which they will only use if the Sat evening TT practice is cancelled due to weather. In the event that they do run a TT practice on the Sunday evening, the Pre TT Classic racing scheduled for the Sunday will be postponed until the Monday. All as clear as mud!! As always, we would advise anyone wanting to travel over to the Island for any of the events (but especially the TT) to make their travel arrangements ASAP

Remember to register for 2018 ASAP – the registration form is now available on the website

REGISTRATION FOR THE 2018 EVENTS

The Registration form is available on the website at <http://mrms.im/registration-form/>

As in previous years, once you have completed the registration form, I will be in touch with you to send you a link to the more detailed availability form(s) for whichever event(s) you have said you are able to attend. It obviously helps us to know as early as possible how many medics are coming to each event. We understand that people might not know their exact availability that early, but it still helps us if people at least fill out the Registration form early. To try to encourage people, we will be having a prize draw for all people who have registered by the end of January 2018. The names of all the people registered for any of the 2018 events will go in a hat. The lucky winner will get a pair of Leatherman Raptor medical shears courtesy of MRMS.



Whoever wins will be given the shears during TT 2018, or during one of the other events if he/she isn't attending TT. The judge's decision on the winner will be final! In case you are wondering who the judge is..... it's me! So, make sure you get your Registration forms in early! We plan to give away a few more goodies during the course of the year so keep your eyes peeled for any announcements.

ID CARDS

In order to comply with the Road Races Act, we will be issuing photo ID Cards to all medics at 2018 events. The Act requires that all people working on the course have a photo ID on them. The ID Cards will look like this



Obviously the details will be yours, not Gareth's! In order to make life easy for us, we would like to get all of the ID Cards printed before the event starts, so when you send in a Registration form, as well as sending the link to the availability form, I will be asking you to provide a mug shot. It should be a passport type photo – no false moustaches! A photo taken on your phone, looking directly at the camera, and emailed to me is fine. You can also upload a photo using the Registration Form on the website <http://mrms.im/registration-form/>

MRMS ID Card - New for 2018

Remember to have your photo ID with you when you are on duty on the course. You probably won't get asked for it but you never know!

ORANGE BOX REVIEW

As a part of our ongoing efforts to improve the service that we are able to provide, we have carried out a review of the Immediate Care Cases ('Orange Boxes') that are provided for us by The Rob Vine Fund, for use out on the course.

Whilst carrying out the review, we have considered current thinking with regard to various aspects of Pre-Hospital care, and also considered the fact that the equipment in the boxes needs to cover the first 5 or 6 minutes following an incident, before further medical help arrives. We have also considered the fact that in the majority of locations where there is an orange box, there will not be a medic, and the Marshals will be responsible for the immediate care. With that in mind, we have made a number of changes to the contents of the boxes.

The main ones are the removal of the Cervical Collars (which current evidence suggests are of doubtful value compared with manual in-line Cervical Spine immobilisation), and the removal of the Laryngeal Mask airways (LMAs).

We have also tried to rationalise the layout of the boxes, within the constraints placed upon by the physical dimensions of the cases.

Once we have done a bit more work on the boxes we will provide further information about that but, in summary, the top layer of the box when it is opened will contain basic first aid equipment, dressings etc, tuffcuts, basic eyecare equipment and some simple drugs (Paracetamol and antihistamines). It will also contain gloves and hand sanitizer. The middle draw will contain equipment for establishing IV access (which we have enhanced compared to the current specification), as well as supplies for managing burns. The bottom area of the box will contain airway management equipment including BVM (with paediatric mask) as well as NP and a full range of OP airways. It will also contain the hand operated suction, sharps container, a SAM Splint and the paperwork.

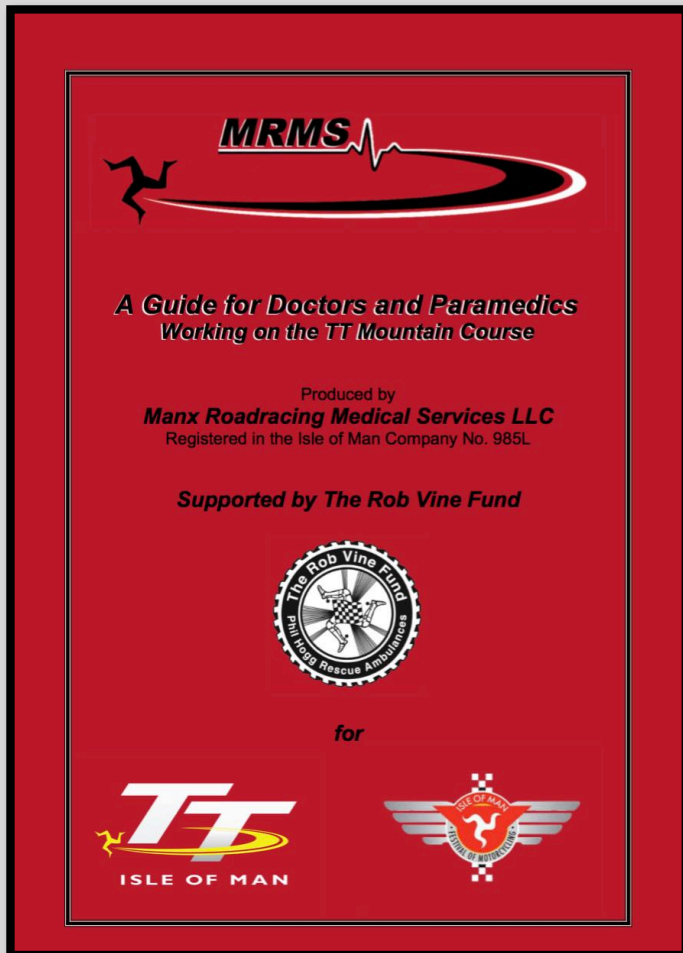
We are conscious of the fact that as medics, whilst the Orange Boxes will still cover the majority of situations you are likely to encounter, there may be times that it might seem a bit restrictive. In order to bridge that gap, we are looking at the possibility of providing Medics Bum Bags that could be signed out for the duration of the event, and signed back in again once the event is over (or at least before you leave the Island!).

As well as reviewing the contents of the Orange Boxes, we are hoping to streamline and improve the process of medics on the course completing a Patient Report Card. The yellow Report Cards will remain in the boxes, but we are hoping to supplement that (and possibly replace it in due course) with an electronic form, accessible from a mobile phone, that once completed will automatically send the report through to us. We will provide more details about that in due course.

CAMPING IN 2018

As well as trying to improve the care we are able to give, we are also keen to improve the experience for medics travelling to the Island to work during the events. The camping arrangements for medics during 2017, on the Blackberry Lane campsite seemed to go well, so if anyone wants to make use of that next year we would be delighted to organise it. Remember it is free of charge for medics. We also have a supply of tents and some other equipment that we are happy to loan to medics coming from the UK, if you didn't want to have to bring a tent with you. If you want to camp during TT or during FoM in 2018, please let us know when you send back your detailed availability. We can then add your name to the list. If you want to borrow a tent, please let us know that as well. You can do that by emailing either me (gruff@mrms.im) or Stuart (stuart@mrms.im)

MRMS TT MOUNTAIN COURSE GUIDE FOR MEDICS



New for 2018, we have produced a guide for Doctors and Paramedics working on the TT Mountain Course. It covers all aspects of the event from Registration requirements, through travel and accommodation as well as information about getting to locations, and what to do when you get there. It is primarily intended for newcomers to the event, but we hope that the old hands will find something of interest in it as well. We will be emailing it out to all new medics this year, and it will be available to download from the website. If anyone want me to email it to them directly, let me know.

We are just putting the finishing touches to it at the moment so bear with us!



MRMS FASHION IN 2018!

We are aiming to produce some MRMS shirts again this year. The polo shirt that we have chosen is by Finden and Hales and the code number is LV355. Unsurprisingly, we have gone for the Red, White and Black option! It is pictured below in it's unembroidered form. We are looking for ideas regarding the design of the shirt, positioning of logos etc, so if there and budding Alexander McQueens or Vivian Westwoods out there now is your chance. You can use the image below to mess around with. We would like the shirt to have '2018' on it somewhere. Ideally it would be suitable for both TT and the Festival of Motorcycling, although at a push we could produce separate shirts for each event. A free shirt to anyone whose design we use!! Email your design ideas to me at gruff@mrms.im We hope to start getting the shirts produced shortly, so please send me any ideas before Christmas.

HEMS COURSE

Some of the members of our medical team recently had the chance to attend the Pre-Hospital Care Course run by London's Air Ambulance and based at the Royal London Hospital. They were supported financially by the Rob Vine Fund through the Rob Vine Fund Medical Scholarship scheme. I have included details of the scheme along with this newsletter, but details are also available on the website at <http://www.robvinefund.im/medical-scholarships>

One of the people attending the course was Dr Paul Hancock who many of you will know, and he has written a brief report and supplied some photos. Thanks to Paul for this, and well done.

I'm writing this piece following the completion of a Pre-Hospital Care Course back in October. I was lucky enough to be invited to attend the course at the Royal London Hospital. The intense course saw training delivered from the London's Air Ambulance team, with both highly experienced consultants and paramedics teaching on the course. Throughout this seven day course we undertook lectures on all aspects of trauma management, along with whole afternoons dedicated to exceptionally realistic trauma moulages. During this week of full long days the training that we received will greatly influence my future practice, which can only be a great benefit to those who may need my care in the future. The week was finished by a final day of assessments, including trauma moulage, viva station and written paper. All of which I thankfully passed.

The outcomes of attending this course will be that the ongoing care that I continue to deliver on the Isle of Man during the racing season will be to a higher level. I always hope that my medical help is never required, however with thanks to this course, this will now be to a higher level than before.



That's it for this newsletter. Don't forget to register early for next year to be in with a chance of winning the Leatherman Medical Shears!

Gareth, Gruff and Sally
Manx Roadracing Medical Services