



Manx Roadracing Medical Services
The Hoggery, Nobles Park,
Douglas,
Isle of Man
IM2 4BD
Tel 01624 628999
Email: stuart@mrms.im

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Joining Instructions For TT 2016

Dear Colleague

Thank you for returning your TT 2016 availability form. Please make sure you keep a copy safe, so you have a record of the sessions you have volunteered to cover. If your TT availability form indicated you will be around at the beginning and/or end of the TT Festival then we will send details of the Billown Course Blackford Financial Services Pre-TT Classic Road Races and the Radcliffe Butchers Post TT Races. Please complete and return the pink availability form indicating whether you can help at these events.

Signing on for the TT will open Thursday 26th May at The Hoggery in Nobles Park (see the Contact Page for the location). The office will be open between 0830 ish to 1900 ish every day. You will be required to complete several forms in exchange for your information pack.

Signing on Paperwork

ACU paperwork will provide you with public liability cover and personal accident insurance whilst out on the TT Course, as well as medical malpractice insurance if you are a State Registered Paramedic or a Junior Doctor. (GPs and consultants are not included and must have their own indemnity insurance). It is essential that this is completed before going out on your shift.

For those new to the Isle of Man, signing on is for the whole event (rather than daily) and is best done as soon as possible after you arrive on the Island. Then for each practice or race session you can go direct to your allocated post on the course.

We would like you to confirm that that you have read and understand the 2015 TT Course Incident Management Green Book and its 2016 supplement and the two videos provided by the TTMA and available on their Youtube channel at:
<https://www.youtube.com/user/TTMAMarshals?spfreload=10>.

When you sign on please make sure that you complete the LILAC contact details sheet in order that we can add you to our Group Text messaging system. We will also ask at that time for you bank details as it is our intention to pay the contribution to your expenses via BACS transfer.

Your Information Pack

Available in your TT 2016 Information pack will be the following:-

1. An orange sheet of participating doctors & paramedics with mobile numbers.

2. A pink sheet of medical locations for practices.
3. A green sheet for medical locations – Sat & Mon Race Days + Tues if postponed.
4. A yellow sheet for medical locations–Wed & Fri Race Days + Thur & Sat if postponed.
5. The official road-closing handbill.
6. An A3 sheet of various reminders.
7. A letter in confidence re: drugs management.
8. Details of the Rob Vine, Phil Hogg Medical Scholarship scheme.
9. A Medical track pass and lanyard.
10. A Medical vehicle pass to help with parking your car or bike.
11. A complimentary copy of the 2016 TT Programme and race guide.
12. A 2016 amendment for the 2015 TT Course Incident Management Green Book (see below)

Personal Protective Equipment (PPE)

A yellow ‘DOCTOR’ or ‘PARAMEDIC’ tabard is available at The Hoggery if you do not already have one. The tabards are supplied through charitable donations so please return at the end of your duties so we can make every donated penny stretch as far as possible. Ear protection will be placed in your information pack.

If you have someone with you who is non clinical, who may want to sign on as a marshal, then they should sign on in the TTMA office at the rear of the TT Grandstand next to the Manx Motor Cycle Club (MMCC) wooden hut. There will be no signing on of marshals out on the TT course and no signing on forms will be available apart from in the TTMA Office. They also have to watch the TTMA videos ‘Introduction to Marshalling’ parts 1 and 2 which are available on the TTMA Youtube channel, or can be watched at the TTMA office when they sign on.

TT Course Incident Management Manual – “The Green Book”

A working knowledge of this book is the backbone of delivering care safely at an incident. It is essential that all clinical staff volunteering for TT duties are familiar with the contents of this book before setting out on clinical duties. A digital copy will be sent to you before the event together with a link to download it on to a mobile device for reference.

There are numerous differences between incident management on a mainland racing circuit or even at the roadside and what happens on the TT Course. It is vital you know what you are expected to do and, perhaps more importantly, what you are expected not to do.

Media

The event is high profile with strong media interest. Please do not give any comments or interviews to the press and refer any such questions or requests to the doctor on duty in race control.

ID When in Post

It is possible various Island Government agencies will carry out spot checks on individuals to ensure they are who they say they are. Please try and carry some form of ID, preferably with a photograph and in a form that indicates you are a Doctor or Paramedic. Wear your yellow ‘DOCTOR’ or ‘PARAMEDIC’ tabard and ‘MEDICAL’ lanyard at all times whilst on duty.

Malpractice Insurance

If you are a GP or Hospital Consultant, you are required to have your own medical malpractice insurance with a medical defence organisation. It is essential that your provider is aware of what you are doing. If you are a State Registered Paramedic or a 'Junior Doctor', then you are fully covered by the event's insurers, for medical malpractice.

Reciprocal Health Agreement

The Reciprocal Health Agreement between the Isle of Man and the UK covers any treatment you may require whilst on the Island. Whilst you are fully covered for any emergency or inpatient treatment, this does not, cover the cost of repatriation, so you will need to have appropriate travel insurance in place. The same applies to Manx residents visiting the UK.

TT Course Incident Management And Helicopter Training

There will be a TT Marshals incident management refresher morning from 0900 on Saturday 28th May at St John Ambulance HQ on Glencrutchery Road just across the road from Police HQ. This is held prior to the Pre TT Classic event down at the Billown course where roads close at 1215. Medics who are new to the event are asked to attend. The session includes scene safety, use of flags, helmet removal, collar application, CPR, log rolling onto scoop stretchers, radio procedures and Helicopter procedures etc. There will be other incident training sessions available throughout race and practice weeks. Please contact race control or look on the MRMS web site and Facebook site for joining details and times.

Communication

To help the public and marshals there will be announcements on Manx Radio for news on the timing of sessions if different from posted in the road closure bill. These times are on your availability form as well. The Roads close on the Mountain section of the Course 1 hour 15 minutes before the start of racing. Roads close from Barrule Park, Ramsey to The Bungalow 15 minutes prior to the road closing from The Bungalow to Creg Ny Baa – timings for Road Closures. Fuller details will be on the Governments handbill of road closures in your information pack. On the remainder of the Course, roads close 45 minutes before the start of racing each day.

We also use a group SMS messaging system, to your mobile phone, to keep medics, updated with relevant information, so we need your mobile number on the blue contact form in The Hoggery when you go to sign on.

TT Course Incidents

If a competitor is involved in any incident, practising or racing, then they are placed on an electronic 'Stop List' and need to be passed medically fit before being allowed out again. One of the Chief Medical Officers from the Manx Roadracing Medical Services is available for fitness tests during the afternoons in practice week and at various times during race week available from the Race Office. Alternatively, the competitor will have to go to Race Control before roads close (20 mins before evening sessions or 1 hour before on race days).

If they are passed medically fit by the examining doctor, they will be removed from the computerised 'Stop List' to allow them to go for technical inspection after they have been for transponder checking.

If they are involved in an incident then they may need help from the Riders Welfare Officer, Mrs Wyn Evans MBE. They or their family can contact Wyn on [07624] 433540 however she is more than likely to contact them. Wyn is also Welfare Officer for the FoM and Billown Course events and a worthy recipient in 2013 of a very well deserved MBE.

Random Breath Testing For Alcohol

In accordance with the ACU National Sporting Code, breath testing for alcohol may be carried out using a standard LION Alcolmeter breath test system, prior to practices and races.

A positive result above 0.10g/L or refusal to undergo a test, or failure to attend for a test, when notified to do so, will exclude the competitor from the TT event and they will be reported to the ACU for further disciplinary action. The doping violation threshold level is 0.10g/L.

Helicopter Services

For all practice sessions and race days there will be 2 helicopter ambulances on duty; call signs are AIR-RED & AIR-BLUE. They are stationed at different parts of the TT course in order to reduce response times.

Drug Testing

In accordance with the ACU National Sporting Code, random drug testing of competitors may occur and would be conducted by UKAD. The competitors have all been warned that it is their responsibility to ensure they are not taking any banned drugs. If you prescribe medication to any riders please ensure that what you prescribe does not infringe WADA regulations. Please remind yourselves of the 'BANNED' and 'ALLOWED' substances in case a competitor asks for advice. Further details are in the Green Book

Immediate Care Cases

These cases are provided by the Rob Vine Fund. There are over 100 cases around the course. Before being distributed they have been checked and sealed. The contents of the boxes are defined in The Green Book. If you feel you want to double check contents then please reseal the case with a spare seal from the little plastic bag in the top tray. Please do not leave any case unsealed.

Drugs

There are no drugs in any of the orange cases. Doctors or paramedics can, if they want, personally sign for drugs from an Accountable Officer at The Hoggery.

These will be in a **GREEN zipped belt pouch** containing 2 vials of morphine, 2 of metoclopramide, 1 naloxone and 2 plastic vials of saline flush. The pouch has to be signed back in at The Hoggery by an Accountable Officer when your availability period finishes. The Hoggery will be open reasonable hours on most days but you may have to take potluck or make an appointment on 420085.

Physiotherapy Services

These are provided for all competitors, by Isla Scott and her Scott Physiotherapy team in the paddock. These services are sponsored by the Rob Vine Fund, Registered Charity No 954 [Isle of Man] and further details will be posted in the Race Office

Hyperbaric Oxygen Therapy

This is available for soft tissues injuries etc at the hyperbaric chamber next to Douglas Fire Station. Competitors should be referred by their doctors and contact the chamber for an appointment on 01624 626394.

Fifth TT Trauma Symposium

This will be held from 0900 to 1230ish on Sunday 6th June at the Education Centre of Noble Isle of Man Hospital followed by a free sandwich lunch. The meeting is sponsored by Prometheus Medical Ltd who provides the lunch and have contributed towards the cost of a commemorative souvenir. The final programme is TBC and will be in your pack however it will include review of real incidents.



Payment of Expenses

A contribution towards your expenses will be paid to you in July by BACS transfer. Your expenses for the Billown course events will be paid separately about the same time.

Should you have any questions please don't hesitate to get in touch either via our Facebook page or website. We look forward to seeing you in May/June and hope you have a safe and enjoyable time in the 'Road Racing Capital of the World'.

Best wishes,

Dr. Gareth Davies

Dr. Gruff Evans

Dr Sally Simmons

Manx Roadracing Medical Services:

